



KentuckyPublicHealth
Prevent. Promote. Protect.

Guidance for Celebrating Winter Holidays

Christmas, Hanukkah, Kwanzaa and New Year's

Everyone can do their part to make the winter holidays safer:



Wear a face covering properly.



Sanitize hands often.



Maintain six feet from others.



Recommended Activities

- Celebrate virtually with those who do not live in your household.
- Stay home and limit travel. If you do travel, be informed of the risks involved.
- If you have a gathering, be mindful of the location, outdoors is best.
- Limit the size of the gatherings. Gatherings should be limited to two households and a maximum of 8 people.



Consider Safe Alternatives

- Having a small celebration with only people who live in your household.
- Decorate your home with those you live with.
- Delivering gifts to family, friends, and neighbors in a way that does not involve contact with others.
- Watching sporting events, concerts, parades, and movies with only people who live in your household.



Avoid High Risk Activities

- Traveling. Avoid flying and if you must travel; be informed of the risks involved.
- Attending large gatherings of any kind.
- Attending crowded parades or large events.

REMINDER

Do not participate in any in-person festivities if you or anyone in your household:

- Have been diagnosed with COVID-19 and have not met the criteria for when it is safe to be around others
- Have symptoms of COVID-19
- Are waiting for COVID-19 viral test results
- May have been exposed to someone with COVID-19 in the last 14 days
- Are at increased risk of severe illness from COVID-19

If you are at increased risk of severe illness from COVID-19, or live or work with someone at increased risk of severe illness, you should:

- Avoid in-person gatherings with people who do not live in your household
- Avoid all large gatherings and consider participating in activities that pose lower risk

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