

# HB1 AND CDC GUIDANCE

CDC statements on restaurants and bars:

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"Visiting **bars** and **restaurants** can increase your risk of getting and spreading COVID-19."

*Source: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/personal-social-activities.html>*

"In a recent study, scientists found that **adults with positive COVID-19 test results** were twice as likely to **have reported dining at a restaurant** than those with negative COVID-19 test results."

*Source: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/personal-social-activities.html>*

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### WHY?

- People from **different households gathering** in the same space.
- Eating and drinking requires the **removal of a mask**.
- If eating indoors, **ventilation flow in restaurants and bars can cause droplets to spread at distances greater than 6 feet**. Poor ventilation can also increase risk as it may cause the virus to accumulate in the air.
- Physical distancing of at least **6 feet is often difficult to maintain in restaurants and bars**.
- People need to **talk louder in restaurants and bars** to hear one another. This can **contribute to the production of more virus aerosols**.
- Use of **alcohol may alter judgement** and make it more difficult for people to practice COVID-19 safety measures.

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CDC guidance shows COVID  
spreads in gyms:

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"COVID-19 has been shown to **spread at gyms, fitness classes, and studios.**"

Source: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/personal-social-activities.html>

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CDC states community spread directly related to safety of school openings:

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"When making decisions on when to open schools for in-person learning it is important to understand **SARS-CoV-2 transmission within the surrounding community to determine the possible risk of introduction and transmission of SARS-CoV-2 within the school.**"

**"To enable schools to open and remain open, it is important to adopt and correctly and consistently implement actions to slow the spread of SARS-CoV-2, the virus that causes COVID-19, not only inside the school, but also in the community."**

Source: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/indicators.html#thresholds>