St. Claire HealthCare

60th ANNIVERSARY 1963 - 2023

COMPREHENSIVE MEDICAL CARE PARTNERSHIP PROPOSAL

PRESENTED TO

EDGEWATER RECOVERY CENTER

COMMEMORATING

60 YEARS

Of Quality Care in Eastern Kentucky

St. Claire opened its doors on July 1, 1963, as a general acute care hospital with 41 beds, nine nurses and six physicians representing only three medical specialties (general practice, surgery, and internal medicine).

Today, St. Claire is much more than just a hospital, it's an integrated healthcare system that includes the largest rural hospital in Northeastern Kentucky with 159 beds, seven primary care locations located within five counties, a multi-specialty medical pavilion, an urgent care center, outpatient center, homecare services, a counseling center, and it also operates retail services including family medical supply, pharmacy, and aesthetics.

St. Claire is the largest employer in the region; with over 1,200 staff members, including a growing medical staff of more than 125 physicians and nearly 70 advanced practice professionals representing more than 30 medical specialties.

Access to comprehensive medical care that provides individuals with an enhanced quality of life is the primary goal of a proposed partnership between St. Claire HealthCare and Edgewater Recovery Center. This collaboration will ensure that those who live with a substance use disorder are provided the same high-quality care as all other community members.

Founded on our organizations' shared purpose of treating and caring for individuals who are battling addiction or seeking sustained recovery, St. Claire HealthCare proposes a formal relationship with Edgewater Recovery Center aimed at developing a comprehensive medical care partnership for Edgewater's clients, both during and after residential treatment. Additional goals of this partnership will be reducing stigma about substance use disorder, promoting second-chance employment, and collaborating on prevention/treatment/recovery programming.

St. Claire's mission is "to proclaim God's goodness through a healing ministry to the people of Eastern Kentucky." One of our core values is compassion, which is in direct alignment with this proposal. For St. Claire, this means our healing ministry is not only for individuals who have insurance or those who have never battled addiction. Instead, our mission statement is intentionally worded to be inclusive. The poor, the afflicted, those who have otherwise been cast out by society, or in other words those who need our healing ministry the most, are equally and fully included in all the services we provide. All patients with whom we engage are treated with dignity and respect in adherence to our calling to help each individual reach their full potential for their life.

The Commitment of St. Claire HealthCare

Through this partnership, St. Claire commits to providing high-quality and consistent emergency, inpatient, laboratory, pharmacy, and primary care, as well as potential employment services, for Edgewater clients. All services offered as part of this partnership will be provided at no cost to Edgewater Recovery. All billing and processing of insurance for clinical services provided by St. Claire to clients of Edgewater will be provided by St. Claire.

EMERGENCY DEPARTMENT

St Claire's Emergency Department is staffed by a team of highly trained medical professionals. They are equipped to provide immediate and specialized care to patients with urgent medical conditions or injuries.

Included in this proposal:

- Collaboration with Edgewater to provide education for Emergency Department staff regarding substance use disorder, Edgewater's referral process, and peer support capabilities. St. Claire will compensate Edgewater for providing these continued education and training opportunities.
- Commitment of St. Claire staff to seek HIPAA authorization from Edgewater clients in order to disclose relevant medical information to Edgewater representatives during/after the client's hospital visit
- Collaboration with Edgewater's peer support team for any patient with a substance use disorder presenting to the Emergency Department
- Rapid evaluation and stabilization of Edgewater patients in withdrawal
- Provision of an in-house emergency room physician to assist with after-hours emergencies

INPATIENT

Our inpatient medical team is made up of dedicated professionals who possess considerable knowledge of ASAM diagnosis criteria. Following the ASAM assessment, an Intake Specialist from the Behavioral Health Unit (BHU) and/or an LCSW will collaborate to determine whether the client will meet criteria for admission to the BHU or be managed medically, ensuring clients receive specialized treatment tailored to their medical and psychological needs. Edgewater professionals will be key partners during all phases of their clients' medical care and will be consulted and included in treatment planning during their inpatient stay.

Included in this proposal:

Behavioral Health Unit for Dual Diagnosis

St. Claire HealthCare's Behavioral Health Unit has 20 inpatient beds devoted to short-term care. The unit offers patients excellent psychiatric services within the security and convenience of a full-service hospital. Patients receive 24-hour monitoring and supervision.

- If admitted to the BHU, patients are treated in a unit with 24/7 psychiatric coverage from a team of highly-trained physicians, nurses, and social workers.
- Medication stabilization and management
- Individualized assessment and care planning
- Individual and group therapy
- Discharge and aftercare planning

Medically Managed/Monitored Intensive Inpatient Care

St. Claire HealthCare will provide 24-hour nursing care managed by daily physician visits and driven by the immediate needs of the patient based on life-threatening withdrawal symptoms and/or severe physical health issues.

- 24/7 access to intensive and critical care services
- Immediate access to on-call nephrologists and neurologists
- Access to inpatient dialysis care
- Access to cardiology and catheterization facilities
- Eight beds dedicated to complement medical detoxification

Cletus Carvalho, MD

Dr. Cletus Carvalho serves as the medical director for St. Claire HealthCare's Behavioral Health Unit. He is board certified in psychiatry, geriatric psychiatry, psychosomatic medicine, and addiction medicine.

Dr. Carvalho attended medical school at Jawaharlal Nehru Medical College in Belgaum, India, and completed his psychiatry residency at St. Vincent's Hospital & Medical Center of New York and a geriatric psychiatry residency at Columbia University in New York.

LABORATORY AND DIAGNOSTIC IMAGING SERVICES

St. Claire HealthCare's laboratory offers state-of-the-art comprehensive clinical and anatomical testing services for inpatients and outpatients.

The laboratory is staffed by board-certified pathologists and is fully accredited and certified by The Joint Commission and Clinical Laboratory Improvement Amendments (CLIA).

Included in this proposal:

- 24/7 laboratory services to evaluate drug toxicity and the metabolic effects of drugs on organs, particularly on the kidney, heart, and liver
- Lab samples collected at Edgewater will be able to be processed at St. Claire

Radiology services at St. Claire HealthCare utilize diagnostic imaging equipment maintained by a group of highly skilled medical professionals, including a diagnostic radiologist. Our diagnostic imaging team can examine what's going on inside the body.

Included in this proposal:

- Complete radiologic services
- CAT scan and MRI for neurologic evaluation if needed

PHARMACY

St. Claire's pharmacy department seeks to simplify client access to prescription medication by proposing an exclusive, adaptable service that will encompass all medication needs. From the time they receive their first prescription, your clients will experience the care, compassion, and dignity that all SCH patients experience.

Included in this proposal:

- Full "turnkey" service for prescription filling and delivery to all Edgewater clients
- Two full-time pharmacists and one full time pharmacy technician dedicated to Edgewater clients
- Telehealth visits with pharmacists
- Providing access to specialty medications
- Establishing each client as a patient in our pharmacist-driven clinic, which will provide one-on-one medication education and clinical evaluation
- Providing all pharmacy services with on-site delivery twice a day, seven days a week

PRIMARY CARE

In collaboration with Edgewater's Medical Director, St. Claire will provide a Medical Home model to address all safety and medical needs of your clients.

Included in this proposal:

- Timely medical/physical assessment of clients
- Same-day clinic/virtual access to Primary Care services
- Coordination with hospital and specialists for admission and referrals as necessary
- Access to ongoing MAT regimens

Dr. Jennifer Courtier will serve as the lead physician for this initiative and will coordinate a team of diverse healthcare providers. She has a wealth of knowledge and experience treating patients with complex substance use disorders and has completed requirements for Medication-Assisted Treatment (MAT) program services. In this role, she will provide outpatient care, inpatient consultation, and referral coordination to ensure proper continuum of care.

Jennifer Courtier, MD

Dr. Courtier is a board-certified family medicine physician. She earned her medical degree from Saba University School of Medicine in Saba, Dutch Caribbean, and is a member of the American Academy of Family Physicians. Dr. Courtier completed her residency at St. Claire through the University of Kentucky College of Medicine. She joined the SCH medical staff in 2020.

COMMUNITY ENGAGEMENT

St. Claire HealthCare hosts the Northeast Kentucky Area Health Education Center (NE KY AHEC). Under the umbrella of the NE KY AHEC, the Northeast Kentucky Substance Use Response Coalition was formed. As part of this proposal, St. Claire and the NE KY AHEC / Northeast Kentucky Substance Use Response Coalition would commit to:

- Recommending Edgewater for membership in the Northeast Kentucky Substance Use Response Coalition
- Collaborating with Edgewater on community events within our shared service region
- Collaborating with Edgewater on employer forums focused on promoting second-chance employment
- Collaborating with Edgewater during National Recovery Month (September) on various educational events (including the Peer Recovery Summit)
- Collaborating with Edgewater on an anti-stigma campaign within our shared service region

CAREER DEVELOPMENT

At St. Claire HealthCare, we know our staff are our greatest asset and we are committed to recruiting and retaining the best talent possible for our ministry. In an effort to address the unique employment challenges of clients impacted by substance use disorders, St. Claire is committed to partnering with Edgewater on educational and career advancement.

Included in this proposal:

- St. Claire’s acceptance of client referral for employment from Edgewater professionals
- Employment consideration will be given in multiple areas across St. Claire, including administrative and business-related roles, customer service roles, and appropriate medical assistance positions.
- Significant scholarship aid for selected Edgewater clients who become employees and are approved for continuing education. This includes technical education, bachelor's degrees, and master's degrees.

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The Partnership

Edgewater Recovery is to be commended for providing life-changing assistance to the citizens of Eastern Kentucky by offering multiple levels of care for individuals who are affected by a substance use disorder.

St. Claire HealthCare looks forward to a partnership that will further enhance the lives of Edgewater clients by providing access to organized, quality comprehensive medical care. Eastern Kentucky will be better served by our organizations working together to reduce the impact substance use is having on our individuals, families, and communities.

PROCLAIMING GOD'S GOODNESS THROUGH A HEALING MINISTRY TO THE PEOPLE OF EASTERN KENTUCKY

- THE ST. CLAIRE HEALTHCARE MISSION -

St. Claire HealthCare

60th 1963-2023 ANNIVERSARY

St. Claire HealthCare Foundation
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